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**Unit President: Tammy Hyer**  
**Squadron Commander: Roger Elliott**  
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## LEGION FAMILY ACTIVE IN YOUTH PROGRAMS

# Ames Legion Family In Action

The article below announces the annual Academic Awards program that the Ames Legion family sponsors in conjunction with Ames High School. That is only one of the many youth programs that we sponsor for the young people of Ames and Gilbert.

Later this year we will be seeking candidates to interview for the Iowa Boys and Girls State programs. These will be young men and women currently in their junior year in high school. Candidates will come from the guidance counselors and from our members nominations.

Starting now we are looking for candidates to participate in the Oratorical

contest. This is a speaking program based on the US Constitution that is open to any high school student in Ames or Gilbert.

We have two schools with students involved in the Fifth Grade Flag Essay contest. Ames Christian school and Sawyer Elementary are participating. Essays are being written on the subject "What the US Flag means to me".

The SAL squadron awards scholarships each year and will be looking for applicants. Last year two \$500 scholarships were awarded. More information will be available later.

The American Legion Auxiliary sponsors two

programs aimed at our young people. The theme for this year's essay is "*How does learning about government and our America help you become a future guardian of the liberties of our country?*"

The ALA also sponsors a poppy poster contest to help promote that program. More information on the essay and poppy poster programs can be obtained from the Unit.

American Legion baseball also was restarted last year in Story County. This year an Ames team is being considered. More information on that will become available as the spring season gets closer.

## STUDENTS TO BE HONORED



The annual convocation honoring the top students at Ames High School will be held Monday,

Oct 24 at 6PM in the Ames High cafeteria.

This will be the 30th year that this joint event with Ames High and The American Legion family will be held. Those students

in the junior and senior class with at least a 3.5 GPA and one year of residence in Ames High will be honored with a letter containing the lamp of knowledge if it is their first award. For the second award a pin will be awarded.

We need members of the Legion family to come to Ames High that night. This is our best opportunity to show who we are. Be there with us.

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## Post Commander Pat's Comments

Greetings Post 37 Legion Family! Well, summer is waning and fall should soon be in the air. This is the time of year that we rededicate ourselves to improving our Post and helping veterans less fortunate than ourselves. We can only do this through active participation in Post activities and pushing membership to the fullest extent.

A prime example of our Post in action was the recent Veterans Stand Down in Des Moines on September 16<sup>th</sup> through 18<sup>th</sup>. This annual event is our area's opportunity to help homeless and at-risk veterans with everything from health care to clothing. Sandy Deacon is a member of the leadership group for this event. Jammie, Alex and I spent time this weekend working at the Stand Down with Sandy and a number of other members of the Ames Legion family.

I strongly encourage you to consider participating next year in this worthwhile event. It is truly why we exist.

We are continuing to make our presence known in the community through outreach such as the Farmer Market booth that Jennifer Monserud heads up. In addition, we continue to try to get "Good Press" in our local papers to inform the community on our happenings and opportunities for the Ames area to come visit us and see what we do through events, dinners and Bingo. A major event on the horizon for the Post is the upcoming Veterans Day activities. It starts off with a ceremony at City Hall, followed by a free will luncheon at the Post. In addition this year, under the direction of our 1<sup>st</sup> Vice Commander Denny Krogh, we will be

having a Tenderloin Dinner that evening as part of an Open House for the community and veterans in the area. Should be a great time.

As you know, membership is my first chosen challenge of the year. With the help of our membership team of Marion Eacret and Denny Krogh, we are off to a super start. With October being the Legions "Membership Month" and the recent statements by National Commander Charles Schmidt, we are aggressively moving forward with challenges for our membership. You will see some incentives coming out soon to not only increase our rolls, but to get members to the meetings and have active help and participation. You will enjoy the challenge.

As Always, Thank you for your Service.

## Unit President Tammy's Comments

Hello everyone!

The August Unit 37 ALA meeting was held at Inis Grove Park. It was a beautiful evening, the hamburgers turned out OK even though I was grill master, and the potluck choices were fantastic. Everyone enjoyed the conversation and the food!

At our September meeting, the Unit approved the budget that was prepared by the Executive Board at our budget meeting. If you would like a copy of the budget, please let me know.

The Story County Fall Meeting was hosted by Unit 37 on September 15<sup>th</sup>. Thank you to Sharon Bellinghausen, Ann Rehbein, and Dee Ball for making the hall look spectacular and for prepar-

ing great food to share. During the meeting, we approved the Story County ALA budget, selected a nominating committee, and heard from Department President Sharon Anderson. President Sharon mentioned the importance of membership. Without our membership dues, we cannot provide the services and programs to our veterans. Keep renewing and recruiting!

The Auxiliary has several events coming up in October. We are hosting the steak dinner on October 1<sup>st</sup>. Our unit meeting is October 4<sup>th</sup>. The 6<sup>th</sup> District Conference is October 8<sup>th</sup> in Waukee. For Make a Difference Day, October 22<sup>nd</sup>, we have a VA&R project planned. And last but not least, we will be partici-

pating in the Downtown Trick or Treat on October 28<sup>th</sup>.

The VA&R project on October 22<sup>nd</sup> will be making activity bags for children. These will be donated to the area VA medical facilities to help occupy children while their family members are waiting or being seen by medical professionals. If you would like to help, we can use sewing machines, ironing boards and irons, rotary cutters, cutting mats, scissors etc. We will be working from approximately 10 am to 4 pm at the Legion. Please join us if you can.

That's all for this month. Remember thank a veteran every chance you get, visit your post often & be kind to each other!

## Squadron Commander Roger's Comments

In case you did not see the postcard or forgot about it, please remember that the annual memberships are due for renewal.

Getting our membership fees in on time are one way that we continue to support The American Legion and all of the good works it performs. The amount of resources that we can commit to some of the projects we want to support are based upon our membership numbers. So the sooner we have a good understanding of how many new and renewing memberships we have, the more accurate our forecasts can be for what we want to accomplish.

By the time this newsletter reaches you, the last of the Ames Downtown Bike Nights for 2016 will be history. Hopefully, it was a productive event as some of the earlier events did not fare as well due to the weather. For those who helped set-up, serve, and/or tear-down the food booth, thank you! Representatives from the Legion, SAL, Auxiliary, and Riders helped out on each of the evenings which means a portion of the net profit from all 5 events will be distributed among the 4 organizations. A very big THANK YOU to the Legion Riders who took on the daunting task of spearheading the Post's involvement in this event. Without their efforts, we

probably would have missed this great opportunity for the public to interact with the Post.

Speaking of interacting, Fall is quickly approaching which means that the monthly Saturday suppers have started up again. Please consider volunteering for one or more of these events. If you cannot attend as a worker, then please come support the Post by being a customer. Good food and good company are always on the menu.

As always, if you wish to donate some time or have suggestions on how we can improve our programs, please contact me at [rogwell83@gmail.com](mailto:rogwell83@gmail.com).

## Clubroom News

Welcome to the fabulous colors of fall!! The Clubroom has kicked off football season with a bang. The Post is the best place to enjoy all your favorite games along with great drinks, food, and friends!! Don't forget that we have great specials for every ISU game. You have to try our fabulous Bloody Marys!! Halloween is just around the corner and it's one of the top favorites around here. Check out the Boo-tiful décor in the clubroom, and the spooktacular events this month in the clubroom:

There is something going on everyday in the Clubroom and we are adding some new and exciting things!!

**Monday- Weekly Drawing-** Once a week, drop your dollar into the wishing well and enter for a chance to win up \$500.

**Toasted Cheese Tuesday-** Bringing back Toasted Cheese Tuesday, a warm cheesy treat served with soup.

**Winesday Wednesday-** Stop in and check out our new selection of wines. We have red and whites varying from sweet to dry. Enjoy a glass for \$3 or bring in some friends and share a bottle of our new Carletto wine for \$12.

**Thirsty Thursdays-** Featuring \$2 Chili Dogs all night and \$2 Bottles (Bud Family) from 7-9pm. Due to the popularity we are extending dollar dogs, available all night.

**Friday-munchie night!!** After a hard week, it's great to sit back with your

friends and have a snack and beverage.

**Saturday, October 1<sup>st</sup> is steak dinner.** Dinner service is from 5:30-7pm.

**Wednesday, October 5 is Burger Night.** Dinner service is from 5:30-7pm. These 1/3 pound burgers are served on a toasted bun and you can dress them how you like with all your favorites, a side of fries makes it a meal.

**Friday, October 14 is Tenderloin Basket Night.** Tenderloins are served from 5-6:30pm. Have dinner at the post or get them to-go, it's a great meal at an awesome price.

**Friday, October 28 is Fish Fry.** Fish and chips served from 5-6:30 pm.

**Friday, October 29 is a Halloween Party & Munchie Contest.** Spend your evening at the best place in town. We encourage party goes to bring in a spooky munchie for the contest. Eligible entries must be appropriately themed and at the Post by 6pm. There will be prizes for the scariest, delicious munchie. Munchies will be judged on taste and theme. We will have lots of great drink specials. Costumes are encouraged but not necessary.

Do you love a great home cooked meal? Every Wednesday the Post serves up a special for only \$6.00 Supper is served from 5-6:30pm. Check it out. There are always plenty of fun things happening in the clubroom!!

### CLUBROOM COUPON

Any Tuesday in October  
Present Coupon to get  
2 drinks for the price of 1.  
Cash Purchase Only

## Bits & Pieces

**Attention Pro Football Fans!** As part of Funday Sunday, the Post has subscribed to the DIRECTV NFL Sunday Ticket. Come on down to the Post and watch your favorite team play every Sunday. Don't miss out – the Super Bowl will be here before you know it!

Welcome to the following new Post Members: Alex McMurray, James Converse And Emily Lavalley.

Remember that Nut Orders are due by October 4. Order forms are available at the Post. Please return your order to Ann Rehbein at 1505 Douglas, Ames, IA 50010 or to the Post.

Interviews with both Presidential candidates are being published in The American Legion magazine that will be in your mailbox the end of September. They each will answer the same questions on veterans issues and benefits.

Sixth District Conference will be held October 8 at the Lutheran Church of Hope, 305 NE Dartmoor in Waukee. Tour of the Des Moines VAMC will be October 7 beginning at 1PM in the lobby. All members are welcome for both.

## Ridin' With President Stan



Hello Legion family!

Where has summer gone? The Riders have been busy with dinner rides, Nation of Patriots escorts and Main Street Cultural District Bike Nights.

A BIG thank you goes to the Leonard Springer family for hosting a fantastic cook-out for us at our September meeting. The food was excellent and the pies were terrific! Coming up is the last Ames Main Street Cultural District Bike Night on September

23<sup>rd</sup>. Everyone is invited to join us on Main Street, the members of the Legion Family will be grilling out front. Next, on the 25<sup>th</sup>, we will be going to the nursing home in Zearing to give residents a ride on our motorcycles. Some just like to look but others like to ride. For these people, it can be a once in a lifetime experience to check off the old bucket list. This service project, as in the past, means as much to the residents as it does to the riders.

Number 9 of 10 things my motorcycle has taught me: Make sure saddlebag lids are latched before riding. Not only do you lose your personal belongings out of the bag and maybe the bag itself, it is very embarrassing when the guy in the minivan pulls up next to you and points to your saddlebag and the lid is flapping in the breeze. Lesson: it can be very expensive if your leather jacket flies out!

## Kudo Korner



Well done and thank you to the following Post Family members for their assistance in September: Sue Jones for taking over and organizing the Post's Main Street Bike Night efforts; Megan McEnany and Hank Goettsche for deep cleaning the cooler; Kathy MacCrea for cleaning and organizing the Kitchen Pantry; Bob Bellinghausen, Roger Elliott, Howard Kyle, Mike & Sandy Deacon, Dee Ball, Steve Jones, Chris Duncan, Tammy Hyer, Jammie Phillips and Alex McMurray for their help with the September Steak Night; Paul Madsen, Megan McEnany, Hank Goettsche, and Sandy Deacon for Tenderloin Night; Jennifer and Mike Monserud, Laura Moreland and Devin Von Querner for working the Farmers Market Booth.

AMERICAN LEGION POST NO. 37  
 225 Main Street  
 Ames, IA 50010

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LOOK INSIDE FOR COUPON

# OCTOBER

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
 Find us on Facebook at <b>American Legion Family of Ames, IA Post 37</b>						<b>1</b> INDOOR TAILGATE PARTY  STEAK DINNER 5:30—7:00
<b>2</b> FUNDAY SUNDAY  BINGO	<b>3</b> LEGION RIDERS 6:30	<b>4</b> TOASTED CHEESE TUESDAY  AUXILIARY REGULAR 6:30	<b>5</b> WINESDAY WEDNESDAY BURGER BASKET 5-6:30 BINGO	<b>6</b> THIRSTY THURSDAY	<b>7</b> FIREBALL FRIDAY  MUNCHIES NIGHT	<b>8</b> INDOOR TAILGATE PARTY  6TH DISTRICT CONFERENCE
<b>9</b> FUNDAY SUNDAY  BINGO	<b>10</b>	<b>11</b> TOASTED CHEESE TUESDAY  SAL REGULAR 6:30	<b>12</b> WINESDAY WEDNESDAY  BINGO	<b>13</b> THIRSTY THURSDAY  LEGION BOARD 6:30 REGULAR 7:30	<b>14</b> FIREBALL FRIDAY  TENDERLOIN BASKET 5:30-7	<b>15</b> INDOOR TAILGATE PARTY
<b>16</b> FUNDAY SUNDAY  BINGO	<b>17</b>	<b>18</b> TOASTED CHEESE TUESDAY PAST PRESIDENT'S PARLEY 7:00	<b>19</b> WINESDAY WEDNESDAY  BINGO	<b>20</b> THIRSTY THURSDAY  SOCIAL COMMITTEE 6:00	<b>21</b> FIREBALL FRIDAY  MUNCHIES NIGHT	<b>22</b> INDOOR TAILGATE PARTY UNIT VA&R SERVICE DAY OKTOBERFEST
<b>23</b> FUNDAY SUNDAY BINGO	<b>24</b> ACADEMIC AWARDS 6:00	<b>25</b> TOASTED CHEESE TUESDAY  40&8	<b>26</b> WINESDAY WEDNESDAY  BINGO	<b>27</b> THIRSTY THURSDAY OPERATIONS COMMITTEE 6:00 CENTENNIAL COMMITTEE 7:00	<b>28</b> FIREBALL FRIDAY  FISH FRY	<b>29</b> INDOOR TAILGATE PARTY  MAIN STREET HALLOWEEN PARTY
<b>30</b> FUNDAY SUNDAY BINGO	<b>31</b> HALLOWEEN					