

# Ames Legion Family In Action

## Bits and Pieces



The Legion Family's Academic Awards Ceremony will be held on Oct 22 at the Ames High School beginning at 6 p.m.

This will be the 32nd time this event has been held jointly between the Legion family and Ames High School. Approximately 200 members of the junior and senior classes at Ames High will be recognized for their scholastic achievements.

Here in Ames we are proud of our students. Join us at the High School on the 22nd at 6 and show your pride both in them and in your Legion Family.



Country Dancing has returned to the Ames Post. Beginning last month, the 3rd Friday each month will be Country Dance night at the post.

DJ Mike will start the tunes at 9 and play through till 1. Get your boots on and come on in.



Steak Night has also begun at the Post. The first Saturday each month will be dinner night with NY Strip and Sirloin steaks, ham steaks and shrimp for your enjoyment.

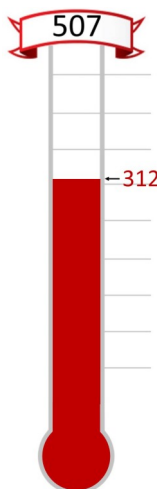
Serving time starts 30 minutes earlier this year at 5 and will last till 7. Come joins us for a great meal at a great price and help support the Legion family.



The order form for the Auxiliary nut fundraiser was in last month's newsletter. Orders need to be in by the Unit meeting on Oct 2.

Drop it off at the Post or mail it to Ann Rehbein at the address on the form. You have enjoyed those nuts the last several years. Don't miss out on those great snacks and cooking ingredients this year and also help support the Unit programs. This is an important fundraiser for the Unit.

## Membership Off to Good Start



The 2019 membership drive has gotten off to a good start. Our membership goal is 507, one more than the 506 we finished with for the 2018 year.

The goal for each Department and each Post this year is to grow in size. We didn't do that in Ames last year. In fact, we got smaller by nine members. That has to stop if we are to remain one of the top posts in Iowa.

As of right now, we are at 312. The first target date was Sept 12 at 50%. We were above that but we need to keep working to get that thermometer at the left up to 507. You will see that thermometer every month. Lets get it to 507 before 2019 starts

Renew your dues today. Get that thermometer hot!!!

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## Post Commander Doug's Comments



The harvest has started, football season is now in full swing and the annual Fall Classic is about to start. It's October and the Post and Post Family are as busy as ever.

September saw the various committees that work so hard to support our day-to-day post operations meeting to organize, plan and conduct events and fundraisers for the coming months that enable the Legion Family to meet the needs of the many groups and organizations we support. It is a lot of hard work, but the tangible and intangible rewards that are achieved can be tre-

mendous. And you can help!

Whenever we have a Post event scheduled, volunteer to help if you can. If you are not able to help, we ask that you attend and support the event. I know that our personal time is a valuable commodity, but so too are the programs that our Post Family supports for our fellow veterans, their families and the youth of our community.

October promises to be another busy month for the Post. Along with the various dinners and regular events planned throughout the month, as part of our Centennial Celebration we will be participating in the ISU Homecoming Parade on October 21<sup>st</sup>. We want to take this opportunity to showcase to the community how the Legion Family has

been interwoven with the University throughout our first hundred years. If you know about a connection between the Legion Family and ISU (faculty member, alumni, or event), please tell us about it so we can include it on our parade float.

We will follow that up on October 22<sup>nd</sup> with our Annual Academic Awards Ceremony at Ames High School, recognizing the superb academic achievements of over 200 students. If you have not attended one of the Academic Awards ceremonies in the past, I strongly encourage you to attend this one and help recognize and show our support for these outstanding young men and women.

I hope to see you at the Post!

## Unit President Jammie's Comments



Greetings Ladies!

At the last Unit meeting I included some additions to the Agenda to help keep members informed. The ALA National Headquarters has several resources you can use to gather information and keep up to date with what other Units, Regions and Departments are doing across the country. I wanted to pass along this information just in case you were unable to attend the

meeting: Below are some websites, blogs and pages:

### Helpful Links for Ideas and Information

<https://www.alaforveterans.org/>  
<https://twitter.com/alaforveterans>  
<http://www.facebook.com/alaforveterans>  
<https://alaintheknow.wordpress.com/>

<http://www.youtube.com/user/AmericanLegionAux/featured>  
<https://www.instagram.com/alaforveterans/>

The next Steak Night will be Saturday October 6<sup>th</sup> and the Auxiliary is in charge. We are still looking for volunteers to help so if you are able please contact Sandy Deacon, Sharon Bellinghausen or Jammie Phillips. Also coming up in October on the 22<sup>nd</sup> will be the Ames High school Academic Awards; these awards are sponsored by the entire Legion Family of Post 37. It is an awesome opportunity to reward some outstanding high school Juniors and Seniors for their academic success.

Thank you again to everyone for all that you do to make Unit 37 successful. The next Unit meeting is Tuesday, October 2<sup>nd</sup>, I hope to see you there!!

Thanks! Jammie

## Squadron Commander Mike's Comments



My fellow Sons; we continue to have a lot going on as the fall weather is upon us. At our National Convention that was held in Minneapolis in August, Greg "Doc" Gibbs, from the Detachment of New York, was elected our National Commander for the 2018-2019 year.

The Detachment of Iowa won six awards for membership and led the country in new Squadrons started. Our Squadron finished our membership year at 103% of our membership goal. The Detachment winning the awards is

a direct result of your hard work..

Our National Commander has some big goals for membership for the country, and has set the goal at 400,000 members this year. All I ask is Ames Squadron keep up the standard of meeting and exceeding our goal, and the rest will take care of itself. Our membership goal this year is 189 members, and we are already 25% of the way there.

On October 28 at 9:00am, the Sons of The American Legion Detachment of Iowa will hold its fall Detachment Executive Committee meeting at the American Legion Headquarters in Des Moines. All members are invited and encouraged to attend. You can come see how the business is being conducted, meet your Detachment Officers, and

you even will have a voice in all matters. If you have any questions about the meeting, please let me know. The meeting usually lasts about 3 hours.

Last month at our monthly meeting, we discussed changes to the Squadron Constitution and By-Laws, and also the Standing Rules. We will vote on the changes at our meeting on October 9. This is how we are to conduct business, and I encourage all of you to come and have a voice in process.

By the October meeting I will post a survey on the Ames American Legion Family Facebook page that I would like all to take to help us better serve you. If you would like a survey emailed to you, I can do that also. Send your requests to [amessquadron37@gmail.com](mailto:amessquadron37@gmail.com).

## Clubroom News

Welcome to the fabulous colors of fall!! The Clubroom has kicked off football season with a bang. The post is the best place to enjoy all your favorite games along with great drinks, food, and friends!! Don't forget that we have great specials for every ISU game. Halloween is just around the corner and it's one of the top favorites around here. Check out the Boo-tiful décor in the clubroom, and the spooktacular events this month in the clubroom:

There is something going on everyday in the Clubroom and we are adding some new and exciting things!!

**Monday- Weekly Drawing-** Once a week, drop your dollar into the wishing well and enter for a chance to win up \$500.

**Taco Tuesday-** It's the last month of tacos before winter hits. Stop in and get your \$2 tacos

**Wineday Wednesday-** Stop in and check out our new selection of wines. We have red and whites varying from sweet to dry. Enjoy a glass for \$3 or bring in some friends and share a bottle of our new Carletto wine for \$12.

**Thirsty Thursday-** Featuring \$1 Hot Dogs and \$2 Domestic bottles of beer

**Friday-** munchie night!! After a hard week, it's great to sit back with your friends and have a snack and beverage.

age.

**Friday, October 12-Fish Fry.** Dinner service is from 5:00- 7pm. The Fish Fry is back!! Stop in for one of our most popular nights and enjoy a delicious dinner for just \$8

**Friday, October 19-Country Dance Night 9pm-1am-**Country Dancing is back at the clubroom. Grab your partner and join us for a night of fun.

**Wednesday, October 24-Burger Night 5-6:30 pm.** These 1/3 pound burgers are served on a toasted bun and you can dress them how you like with all your favorites, for only \$5.00

**Friday, October 27 is a Halloween Munchie Contest.** Spend your evening at the best place in town. We encourage party goers to bring in a spooky munchie for the contest. Eligible entries must be appropriately themed and at the Post by 6pm. There will be prizes for the scariest, delicious munchie. Munchies will be judged on taste and theme. We will have lots of great drink specials.

Do you love a great home cooked meal? Every Wednesday the Post serves up a special for only \$6.00 Supper is served from 5-6:30pm. Check it out. There are always plenty of fun things happening in the clubroom; Hope to see you soon!!

**CLUBROOM COUPON**  
Any Tuesday in October  
Present Coupon to get  
2 drinks for the price of 1.  
Cash Purchase Only

## Kudo Korner



Our thanks and well done to the following members of the Post for volunteering their time on meals and projects around the Post:

Dave Rehbein, Jennifer & Mike Monserud, Bob & Sharon Bellinghausen, Phil Harris, Denny Krogh, Pat Phillips, Randy Freel, Roger Elliott, Devin Von Querner and Andrea Gronau for their work at the September Steak Dinner; Hank Goettsche for taking care of bottle returns; Paul Madsen, Michelle & Melissa McEnany, Sandy Deacon and Jodi Looft for Tenderloin Dinner Basket Night. Roger Lawrence, Ken Woodley, Bill Donovan, John Schomaker and Rodger Van Voorhis for helping around the Post; Gary Freel for working on the Honor Guard Rifles; and to all the unsung Bingo help that we haven't recognized. Your time and efforts are truly appreciated.



The Pool League sign-up sheet is hanging at the Post waiting for your signature and contact information. The league will play 8-ball with 3 games per match and one match scheduled each week. Each match will have an entry fee of \$3 with the all fees paid at the start of the season. Scheduling of the matches will be up to the players. The season will be the same number of weeks as players in the league.



## Benefits for Blue Water Navy



The American Legion has joined with the Veterans of Foreign Wars, Disabled American Veterans and Paralyzed Veterans of America in a letter to Congress urging the Senate to pass H.R. 299, The Blue Water Navy Vietnam Veterans Act of 2018 in the 114th Congress. The legislation

would extend disability benefits covering medical conditions associated with Agent Orange to Blue Water Navy veterans.

The legislation passed the House of Representatives unanimously on June 25, 2018 with a vote of 382-0. Currently those benefits are only available to those who served on land and in Vietnam's inland waterways. Those serving on ships off the coast are excluded from receiving those benefits.

The complete letter is available through the Legion website but one sentence states "With our aging Blue Water Navy veterans continuing to suffer and die from illnesses that have already been legally and scientifically linked to Agent Orange exposure, Congress must finally provide them long-delayed justice by voting to pass H.R. 299 this year."

## NEF Assists with Hurricane Recovery

Hurricane Florence has traveled onto and dissipated over land but its effects are still being felt in North Carolina and the surrounding states with some rivers not expected to crest until the weekend of Sept. 22.



The National Emergency Fund and the Auxiliary Emergency Fund were started years ago for situations exactly like this, natural disasters that have driven our comrades from their homes. Legionnaires, Auxiliary members, Sons may apply for funds for emergency living expenses. Posts may also apply if the post is unable to continue to carry out their normal duties and activities in their community.

The Fund only is able to operate due to the generosity of Legion family members, posts and other donors. Their will no doubt be a large drain on the fund for help in the area of the Carolinas and surrounding states. We used this fund for some of our Ames members back in 1993. It was a great help to some of our people and will be just as valuable to those now.

Go online to [www.legion.org](http://www.legion.org) and make a donation to keep the NEF operating. There is no doubt we will need it again.

AMERICAN LEGION POST NO. 37

225 Main Street  
Ames, IA 50010

RETURN SERVICE REQUESTED

NON PROFIT ORG
US POSTAGE
PAID
Permit 147
Ames, IA

LOOK INSIDE FOR COUPON

# OCTOBER

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1  LEGION RIDERS 6:30	2 TACO TUESDAY  AUXILIARY REGULAR 6:30	3 WINESDAY WEDNESDAY  BINGO	4 DOLLAR DOG DAY	5 FIREBALL FRIDAY  MUNCHIES NIGHT	6  STEAK DINNER 5:00—7:00
7  BINGO	8	9 TACO TUESDAY  SAL REGULAR 6:30	10 WINESDAY WEDNESDAY  BINGO	11 DOLLAR DOG DAY  LEGION BOARD 6:30 REGULAR 7:30	12 FIREBALL FRIDAY  FISH FRY 5:00-7:00	13
14  BINGO	15	16 TACO TUESDAY  PAST PRESIDENT'S PARLEY 7:00	17 WINESDAY WEDNESDAY  BINGO	18 DOLLAR DOG DAY  SOCIAL COMMITTEE 6:30	19 FIREBALL FRIDAY  COUNTRY DANCE NIGHT 9:00PM-1:00AM	20
21  BINGO	22  ACADEMIC AWARDS 6:00 @ AMES HIGH	23 TACO TUESDAY  40&8	24 WINESDAY WEDNESDAY  BURGER NIGHT 5-6:30 BINGO	25 DOLLAR DOG DAY  OPERATIONS COMMITTEE 6:00	26 FIREBALL FRIDAY  MUNCHIES NIGHT	27  HALLOWEEN MUNCHIE CONTEST
28  BINGO	29	30 TACO TUESDAY	31 WINESDAY WEDNESDAY HALLOWEEN  BINGO	 Find us on Facebook at <b>Legion Family of Ames, IA Post 37</b>		<b>American Legion Family of Ames, IA Post 37</b>