



Post Commander: Jennifer Monserud
Unit President: Sandy Deacon
Squadron Commander: Bob Bellinghausen
Chapter President: Cliff Barker

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Ames Legion Family In Action

WATCH MEMBERSHIP CLIMB!!

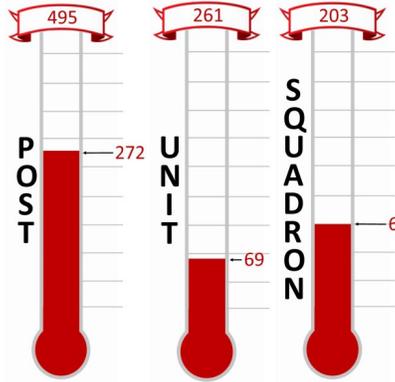
The membership gauges were set back to ZERO on July 1. Last year the Squadron was very successful in their membership work, reaching their goal and setting a new All-Time-High in membership.

The Post and Unit were not so successful with both falling short of their goal. We plan for that to change for 2020.

The membership thermometers will be in every issue of the newsletter this year. We need to make each of them get to that goal at the top.

The Post is off to great start being over half way to the goal only about 6 weeks into the year. The Unit and Squadron don't appear to be as successful but everyone needs to remember that their membership renewal notices have not been mailed yet while the Legion renewal notices are out. Those that have renewed in the Unit and Squadron are those dedicated members who renew without being asked. Thank you to them!

You have seen what the Legion family



does in the Ames community.

You have seen our work in patriotic activities on Memorial Day, Veterans Day and Independence Day.

You have seen us remembering our comrades with 22 funeral services last year to say nothing of being a strong part of Corporal Ralph Ben-

nett's welcome home.

You have seen our work recognizing our first responders. This year we will add EMT and Dispatcher of the Year to that list.

You have seen our work with Boys and Girls State and baseball in Ames and Gilbert.

Have you renewed your membership? You don't need to wait for a renewal notice or a request from one of us. Send those renewal dues in now and get it done. We want all three members of the Ames Legion family to be successful in membership this year.. We need you to be part of that success.

Are You Eligible to be a Dual Member?

Congratulations to Riders President and Squadron member Cliff Barker on becoming the first member of our Legion family to join the Post under the new eligibility rules.

We know there are more potential Legionnaires among the ranks of our Unit and Squadron members. Commander Monserud's article talks about the decision that was reached regarding dues for those that belong to more than one of our Legion

family groups.

We hope that you will take advantage of that reduction in dues. Remember though that we also have many Legionnaires who can also be Sons and Auxiliary members.

There will be a decision at National Convention regarding male spouses joining the Auxiliary. Following that discussion, we may be ready to welcome our first triple member, Post, Unit and Squadron.

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Post Commander Jennifer's Comments

Hello! I hope this newsletter finds you all well!

I want to start this month by thanking everyone involved in the Bennett Service on August 3rd. It was an amazing experience and I know the family is very thankful! A special thank you to Doug MacCrea for all his hard work organizing and coordinating with the funeral home, family, fire departments and patriotic groups. If you see Doug, please thank him for his efforts.

The August newsletter stated that the Legion Act was passed by the House, it has since been signed by President Trump and this post has received its first American Legion application for membership under the new eligibility guidelines. Those new guidelines are easy to remember; military service on or after Dec 7, 1941, one day of federal active duty, honorable discharge.

Your post has decided to offer a dues discount to any current American Legion Auxiliary or Sons of the American Legion members that are veterans and now eligible for American Legion mem-

bership. Dues for the 2020 membership year would be \$10 for them.

As a dual member, in future membership years your Auxiliary or SAL dues will only be \$10. Veterans that are not currently family members won't be left out, veterans who are now eligible under the Legion Act can join Post 37 for \$35 during the 2020 membership year only, that is \$10 off our normal dues amount! The Legion Act was the first step in the process of getting benefits authorized for those deserving veterans, your dues help to provide the financial backing to do that.

One of the building projects I wrote about in my last column has already gained some traction, volunteers have come forward to patch the hole in the concrete floor in the basement. Thank you to those individuals!

The post will be hosting a blood drive this month near American Legion Day. The American Legion was granted its federal charter on September 16th, 1919. One of our oldest programs is the Blood Donation program. This may

not be our first blood drive, but it will be our first in several years!



Caring for you, sharing for life.

The drive will be held on September 14th from 8AM-Noon. Come early to donate blood and stay for the Iowa/Iowa State game! Watch our Facebook page for how to reserve your spot online, walk-ins will be welcome too! Find us at American Legion Family of Ames, IA Post 37 if you don't already follow us! (We post lots of other activities and information there too, not all of it can make it into the monthly bulletin by the deadline!) Donations are sent to one of over 120 hospitals in Iowa, Nebraska, and South Dakota. All the blood products used at Mary Greeley Medical Center and the Des Moines VA comes from blood drives like this one!

Have a great September, I'll see you all at the post!

Unit President Sandy's Comments

Hello American Legion Family. As you read this many of us are attending the National Convention in Indianapolis, IN where our own Nicole Clapp from Gladbrook, Iowa will be installed as the 100th National President of the American Legion Auxiliary. What an honor for the whole Department of Iowa Legion Family!

November 10th, 2019 The American Legion Auxiliary will be celebrating 100 years of "Service not Self". Unit 37 would like to commemorate this milestone by working the Mission of the American Legion Auxiliary and focusing on 100. We would like to begin with a focus on Education and Children & Youth. September is the beginning of the school year.

This is a perfect opportunity to support one of the primary missions of the en-

tire American Legion Family. Therefore, we are asking that each Auxiliary Member and Legion Family Members bring in a donation of school supplies. We will be placing a box in the club room to accept the supplies or you can bring them to the September Unit Meeting.

We would not be where we are today without the help and support of all our American Legion Family and we are looking forward to another 100 years! Stay tuned for more 100th Birthday Celebration events.

Auxiliary members will receive the first dues notice from National in mid September. We hope that you will renew your membership early. Do you have a family member or friend who is eligible? Why not ask them to join? The more members we have, the more veterans

we can serve. You bring untold value to our nation's heroes through your service to the American Legion Auxiliary.

To show our appreciation, we bring valuable benefits to you! Your ALA membership brings you access to an array of discounts, products, and services. To learn more go to www.ALAforVeterans.org, Members Only > Member Benefits, and log in. All you need is your membership number from your card to set up your account.

The Auxiliary will be in charge of the October Steak Dinner on October 5th. If you would like to volunteer to cook, wait tables, pour coffee, etc. please contact me. We can really use your help.

Looking forward to seeing you at a meeting, or around the club.

Detachment Commander Homecoming Leads Events on Sept 14

Mike Monserud of the Ames Squadron was elected Detachment Commander for the Sons of the American Legion of Iowa. His homecoming celebration will be held on Saturday September 14 from 1:30-4:00 at the clubrooms. We invite you to join with us in celebrating Mike's election to state leadership in the Sons.

Commander Mike joins a long line of Ames Sons members that have served in the top leadership position for the Detachment of Iowa. We are proud to have him continue Ames tradition of providing leadership in Iowa.

You are also invited to stay for the Iowa State-Iowa game. We will have it on all the TVs at the post Come join us for the

homecoming and stay for the game.



Clubroom News

Fall is fast approaching and we have lots of fun things happening in the clubroom. Football is coming up and the clubroom is a great place to watch all your favorite teams.

It's a great place to cheer on the Cyclones!! It's time to sit back and relax after this crazy summer. We love to indoor tailgate, so bring in a munchie to share and enjoy the drink specials that we offer on game days. The clubroom also has the NFL Sunday ticket so you can come watch your favorite NFL team on Sundays! Check out what we have planned for this month:

Wed September 11 Burger Basket Night 5:00-6pm. Come enjoy a burger and fries for just \$5. Hope to see you then!

Saturday, August 31-Cyclones vs. UNI The clubroom will open at 10:30 am so you can watch the game. Kickoff is 11 am.

Friday, September 20 Fish Fry 5-

7pm. They are back!! Come enjoy Fried cod, French fries, coleslaw and hushpuppies for \$8.

Tuesday, September 24 is the Weekly Drawing Bonus Night. There will be 6 drawings of \$50 each commencing at 6:00pm. Members must be qualified for the drawing by consistently entering into the weekly drawing. Along with tacos we will also be offering Grinder and fries.



Kudos: Thanks again to all those that helped around the clubroom this last month. Your help is very much appreciated. Ken

Woodley, Tom Fowler, Hank Goettsche, Andrea Groneau, Russ and Vicki Belz, Paul Madson, John Schomaker, Bill Donovan and Sandy Deacon.

Leadership Roles By Ames Legionnaires

We have often said that the Ames Post is one of the best in the state and that Ames Legionnaires play a strong role in providing leadership to the Department organization. This coming year is no exception.

Following Department Commander Kessler's appointments at the close of the Department convention, Ames now has SIX Legionnaires in leadership positions.

Two of those serve on the Department Executive Committee. They are; Stan Elliott—Department Historian and Pat (Doc) Phillips—Sixth District Command-

er.

Four other Ames Legionnaires were chosen to lead Department commissions and committees. They are; Doug MacCrea—Veterans Affairs and Rehabilitation Commission, Jennifer Monserud—Community Service Committee, Frank Andrew—Oratorical Committee and Jim Demarest—Leadership Committee. We also have Randy Freel serving as a member of the SAL Advisory committee.

The Unit and Squadron also have people in leadership positions. We will list those in a future issue of the newsletter.

Steak Dinners Start In September

Steak Dinner Menu September 6 Serving 5:00-7:00

8 oz New York Strip	\$12
8 oz New York Strip Combo	\$14
6 oz Sirloin	\$ 9
6 oz Sirloin Combo	\$11
12 oz Ham Steak	\$ 9
12 oz Ham Steak Combo	\$11
4 piece Shrimp	\$ 9
6 piece Shrimp	\$11
Soup & Salad Bar	\$ 7

All Meals include Soup, Salad Bar and choice of Potato



CLUBROOM COUPON
Any Tuesday in September
Present Coupon to get
2 drinks for the price of 1.
Cash Purchase Only

Legion Riders

We are continuing to grow with new members and would like to welcome any Legion, Auxiliary, or SAL member with a motorcycle to come to our next meeting.

We meet on the first Monday of every month. It has become a mission of ours to continue to reach out to other Posts and Riders Chapters to share ride information between us. Our goal is that the Riders become a representation of the Legion families statewide on a regular basis.

We are happy to announce that our first Annual Show and Shine to benefit the Iowa Veterans home in Marshalltown was a great success. We entertained the residents for a couple hours on a beautiful Saturday afternoon and I'm sure some of us made some new friends. While the final accounting of the proceeds isn't complete we had 22 entries comprised of custom bikes, street bikes, custom cars, and an antique truck. Congratulations to the Riders Committee, Jamie, Bruce and Rich, for all your hard work. We have already decided that we will be holding this event again next summer!

The Ames Legion riders along with Riders from Story City and other Iowa posts as well as the Patriot Guard escorted Cpl. Ralph Bennett to his final home in the Ames Cemetery. This was indeed a proud and yet solemn honor and we would like to thank his family for allowing us to take part. It was an event that touched our hearts deeply.

This coming month is our last three dinner rides for 2019, and as always you are welcome to join us in your car.
8/25/19 Pickles - Kamrar
9/8/19 Our Place - Stanhope
9/22/19 Open Flame - Gilbert



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LOOK INSIDE FOR COUPON **SEPTEMBER**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
1 BINGO	2 LABOR DAY LEGION RIDERS 6:30	3 TACO TUESDAY AUXILIARY REGULAR 6:30	4 WINESDAY WEDNESDAY BINGO	5 DOLLAR DOG DAY	6 FIREBALL FRIDAY MUNCHIES NIGHT	7 STEAK DINNER 5:00—7:00
8 BINGO	9	10 TACO TUESDAY SAL REGULAR 6:30	11 WINESDAY WEDNESDAY BURGER NIGHT 5:00-6:30 BINGO	12 DOLLAR DOG DAY LEGION BOARD 6:30 REGULAR 7:30	13 FIREBALL FRIDAY MUNCHIES NIGHT	14 BLOOD DRIVE 8AM—12 COMMANDER MONSERUD HOMECOMING
15 BINGO	16 VFW POST MEETING 7:00	17 TACO TUESDAY PAST PRESIDENT'S PARLEY 7:00	18 WINESDAY WEDNESDAY BINGO	19 DOLLAR DOG DAY SOCIAL COMMITTEE 6:30	20 FIREBALL FRIDAY FISH FRY 5:00-7:00	21
22 BINGO	23	24 TACO TUESDAY BONUS DRAWING 6:00-8:30 40&8	25 WINESDAY WEDNESDAY BINGO	26 DOLLAR DOG DAY OPERATIONS COMMITTEE 6:00	27 FIREBALL FRIDAY MUNCHIES NIGHT	28
29 BINGO	30			Find us on Facebook at American Legion Family of Ames, IA Post 37		