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DOUG MacCRAE**



**UNIT  
PRESIDENT  
PAT KYLE**



**SQUADRON  
COMMANDER  
MIKE DEACON**

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# Ames Legion Family In Action

## PROPOSED BY-LAWS CHANGES

The By-Laws of the Ames Post lay out a strict and specific procedure that must be followed in order for amendments to those By-Laws to take effect.

Any proposed amendment must first be approved by the Executive Board and followed by approval by a meeting of the general membership of the Post.

Following that, all members of the Post must be notified of the proposed amendments and that there will be a vote on the proposed amendments at the next Post meeting. If a proposed amendment is approved at that meeting, the By-Laws are amended and the change takes effect.

This issue of the newsletter is your notification that five proposed amendments have gone through the first two steps and will be submitted at the Oct 11 Post meeting for final consideration.

The first of the five and the one that will impact the most members concerns dues. At the state convention, a change to the dues structure was approved, requiring the post to transmit an additional \$5 for each member effective January 1.

Accordingly the proposal is being considered to raise the Post dues by that same amount. The proposal amendment is to Article VIII of the By-laws. If approved that article would read "The annual dues of this Post shall be \$40.00. That amendment would take effect January 1, 2013.

The second amendment would

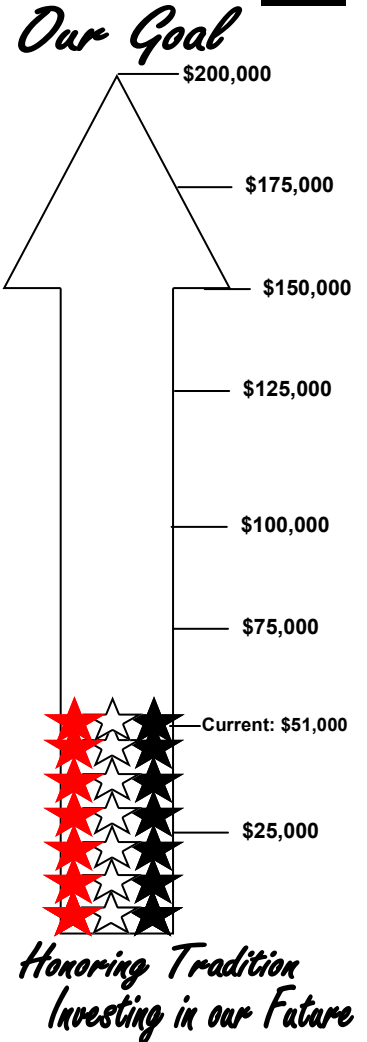
change the time of the Executive Board meeting. If approved, Article V, Section 5 would read "Regular meetings of the Executive Board shall be one (1) hour prior to the Regular Post monthly meeting."

A proposed change to nominating committee would reduce the committee size from 7 to 3. The first sentence of Article III, Section 2 would be changed to "a nominating committee of three (3) members"

The fourth amendment would change Article II, Section 2 on special meetings and Article IX on amendments. The last sentence of Article II, Section 2 would read "All members of the Post shall be notified of a special meeting by mail, e-mail or post monthly bulletin. Similarly, the second sentence of Article IX would be changed to read "each member of the Post be notified by mail or e-mail or post monthly bulletin".

Lastly dealing with installation, Article III, Section 4 would be changed to read "The Officers and Executive Board Members shall be installed at a JOINT REGULAR MEETING of either Post, UNIT or SQUADRON in July of each year. These new Officers and Board Members will take office at the close of the annual Department of IOWA Convention."

All of the proposed amendments except the dues raise would take effect immediately upon approval at the Oct 11 meeting.



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## Post Commander Doug's Comments

Greetings!

Last month one of the items I wrote about was the need to make some changes in the way we do business at the Post to improve the effectiveness and efficiency of Post Operations and reduce costs. In this Newsletter you will read about several proposed changes to the Post By-Laws. These changes are needed to align current and proposed business practices in an effort to decrease our operating expenses and ultimately improve the overall effectiveness of the Post. These changes will be put forward for a vote at the Legion Meeting on Thursday, October 11<sup>th</sup>. If you have comments or concerns about these changes I encourage you to attend the meeting or submit your concerns in writing so your input can be heard.

On Tuesday, October 16<sup>th</sup> Story County



Veterans will embark on a Freedom Flight to Washington, DC to visit the World War II, Korea and Vietnam War

Memorials. They will be the guests of honor at a send-off reception on Sunday, October 14<sup>th</sup>, with the time and location to be published in the Ames Tribune and The Sun. I hope that you will consider lending your support by attending this reception and showing these American Heroes (many of whom are fellow Post Members) your appreciation for their service and sacrifices in maintaining our freedom.

Lastly, the October schedule at the Post is a full one and I encourage you to stop on down and participate, or more importantly volunteer your time, at one of these events. It will go a long way in helping to continue to make our Post the best in Iowa.

Have a spooktacular month. Don't forget that trick-or-treaters will be out the end of the month. Keep an eye out for them and help keep them safe.

## Unit President Pat's Comments

Well here it is time to let you know what's been going on since the last newsletter went out. I was able to attend the 94<sup>th</sup> annual National Legion Convention in Indianapolis. Our outgoing National American Legion Auxiliary President Kris Nelson did a great job. We were honored to have her visit our post when we hosted the State Convention in Ames. The new National American Legion Auxiliary President is Peggy Thomas from Virginia.

One of the biggest things the ALA did this session was to hire a Public Relations firm to advertise the ALA. This is to get more Membership and to let peo-

ple know what the ALA does. I know that those of you getting the bulletin are members, but do you tell your friends, neighbors and co workers about the ALA. If they are a Wife, Mother, Daughter, Sister, Grandmother, Granddaughter of a Veteran who is a Legion member or a deceased Veteran they are eligible to join the ALA. This also applies for step family member. Also women in the Military and women veterans can join on their own service if they are Legionnaires.

I walked part of the Parade route this year, the Iowa Legion Family always carry corn stalks in the Parade. We got

lots of good comments on our corn stalks as they were in good shape with nice big ears on them, not bad for a dry summer.

I want to thank all the Ladies who have been helping with Bingo, we can still use new people to help out. Any time you can, please give us a ring.

With dinner's and other things coming this year if you can help out once in awhile we would be grateful you can leave your name and number at the club or give me a call my phone number is 515-450-0660.

**PLEASE GET YOUR MEMBERSHIP DUES IN NOW!!!!!!**

## Squadron Commander Mike's Comments

Hello again, it's that time, when I try to let you know what The Squadron is doing and hope that you want to become involved.

To those Legion members of our Post that were in the Navy, I say Happy Birthday to You. October 13, 1775. I would like to thank Commander Doug for stopping by our last meeting to thank us for the work we do.

As of our September meeting we have 75 members, a good start, but we want you to remember that Dues will increase as of January 1, 2013, so remember to save \$5.00 get your dues paid as soon as possible.

Our next meeting will be Tuesday the 9<sup>th</sup> at 6:30pm. Please come down and give us your views on what you think we can do to better our involvement in the community.

The Ames High School will be holding their annual Academic Awards on October 26<sup>th</sup> at 6:00 pm. I ask you to try to be there a little early to show our support for the students that are being honored for their grades. If you can arrive early it will give you a chance to get to know some of these future leaders of our Nation.

We have a lot happening in the next few months, so I will try to give you a

brief rundown. The first Saturday in November is the Steak Dinner that we are responsible for, so we will need help in the kitchen and with serving and then there is Our Annual Breakfast on December 8<sup>th</sup>. Please make plans to attend these upcoming events and stay tuned for updates. As always we need people to work Bingo, so if you can help please come to the next meeting and let us know.

In closing I wish everyone a very Safe Halloween. Hope to see you around the Club Room. Till next month Keep that American Flag Flying.

## Clubroom News

Welcome to the fabulous colors of fall!! The Clubroom has kicked off football season with a bang. We are so grateful of the donation of the 110" TV; The post is the best place to enjoy all your favorite games along with great drinks, food, and friends!! Don't forget that we have great specials for every ISU game. You have to try our fabulous Bloody Marys!! Halloween is just around the corner and it's one of the top favorites around here. Check out the Boo-tiful décor in the clubroom, and the spook-tacular events this month in the clubroom:

**Friday, October 12 is Burger Nite.** Dinner service is from 5:30- 7pm. These 1/3 pound burgers are served on a toasted bun and you can dress them how you like with all your favorites, for only \$2.00. Add a side of fries or one of

our many appetizers to make it a meal.

**Wednesday, October 17 is Tenderloin Basket Night.** Tenderloins are served from 5-6:30pm. Have dinner at the post or get them to-go, it's a great meal at an awesome price.

**MUNCHIE CONTEST!!!! Friday, October 19.** You will really have to use your noodle for this one, literally!! We are asking you to bring a munchie that uses pasta, and we will even supply the pasta. Grab your bag of noodles in the clubroom and then bring in your best effort. We can't wait to see the creativity. Have your munchie in by 6pm.

**Friday, October 26 is Texas Hold-'Em.** Play begins at 7pm. Proceeds from September are being donated to the Boys and Girls Club. Enjoy a great night of fun!!!

## Academic Awards Ceremony



The Ames Legion family will join with Ames High School on October 26 to honor the top scholars in the junior and senior classes at Ames High. The awards will be presented at 6PM in the cafeteria at Ames High.

The students to be honored meet the following criteria; 1)Must be a junior or senior at Ames High with at least year

of residence and 2) Have a cumulative grade point average of 3.5 or above.

Each of the students being honored will receive an Academic letter if it is their first year and a pin for those seniors receiving their second award. The letter is identical to an athletic letter except that the lamp of knowledge signifies the area of excellence

This is the 26th year that the Ames Legion family has given these awards in cooperation with Ames High. We pay all the expenses of the ceremony by purchasing the letters and pins and providing refreshments during the ceremony. We hope many of our members will join us at Ames High on the 26th to honor these fine students.

## Flag Disposal Box

The City of Ames Resources Recovery Plant has partnered with The American Legion to help ensure that worn American flags do not just wind up in the garbage. They have installed a container at the plant specifically for used flags. If you can't get to the Post, please use it.

City staff and the members of the Post will ensure that any flags placed in the container get to the Post and will receive a proper disposal. We want to thank the city for taking this extra step to make sure our flag receives the respect it deserves when it can no longer be flown in honor of our country.

## 2012 National Convention

The 94th National Convention was held in Indianapolis in late September. As this is an election year, the highlight of the convention was the appearances of the candidates for President. President Obama did not attend in person but sent a video message. Republican candidate Romney spoke on the second day of convention and outlined his platform.

Also since this is an election year, all of the Legion's legislative resolutions were renewed, 249 in number. That may seem excessive but our Four Pillars cover a very wide range of issues, requiring a large number. Those resolu-

**CLUBROOM COUPON**  
**Any Tuesday in October**  
**Present Coupon to get**  
**2 drinks for the price of 1.**  
**Cash Purchase Only**

## Freedom Flight Send-off



The Send-Off Ceremony for the Story County Freedom Flight will be held on Sunday, October 14 at the City Hall Auditorium at 2:00.

Honoring the veterans that will be making that flight will begin when they board the buses at the ISU athletic parking lot. From there, they will travel up University Drive to Sixth, from there east onto Main, along Main to Douglas and then back to City Hall.

The committee hopes that a big turn-out of citizens will be along that route to honor the veterans as they begin their journey. There will be small American flags available along the parade route.

Please be in the downtown area by 1:15 on Oct. 14 to honor the men and women that will be making the flight. They gave a part of their lives to this country and our military. Please give an hour or two on Oct 14 to tell them thank-you for that sacrifice.

**Post Membership stands at 400.**  
**Have you renewed? If not, why not?**  
**No point in waiting, do it now!!**

tions can be found through the Legion's website, [www.legion.org/resolutions](http://www.legion.org/resolutions).

As President Pat mentioned, Iowa always carries corn in the parade. That is a long-standing tradition as is the singing of the Iowa corn song as we march. Many of the attendees look forward to the Iowa delegation and our corn.

Our new National Commander is Jim Koutz from Indiana. He has set Operation Comfort Warrior as his program. OCW provides personal items to our wounded warriors as they come off the battlefield. If you would like to contribute, you can do so through the Post.

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LOOK INSIDE FOR COUPON

# OCTOBER

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 LEGION RIDERS	2 NUT ORDERS DUE AUXILIARY REGULAR 7:00	3 BINGO	4 SOCIAL COMMITTEE 6:00	5 MUNCHIES NIGHT	6 STEAK DINNER 5:30-7:00
7 BINGO	8 BUILDING FUNDRAISING COMMITTEE 6:00	9 SAL REGULAR 6:30	10 BINGO	11 LEGION BOARD 6:30 REGULAR 7:30	12 BURGER NIGHT 5:30-7:00	13
14 FREEDOM FLIGHT SEND-OFF BINGO	15	16 PAST PRESIDENT'S PARLEY 7:00	17 TENDERLOINS 5:00-6:30 BINGO	18	19 PASTA MUNCHIES CONTEST	20
21 BINGO	22	23 40&8	24 BINGO	25 OPERATIONS COMMITTEE 6:00	26 ACADEMIC AWARDS MUNCHIES NIGHT TEXAS HOLD-EM 7:00	27
28 BINGO	29	30	31 HALLOWEEN PARTY BINGO	Find us on Facebook at  <b>American Legion Family of Ames, IA Post 37</b>		