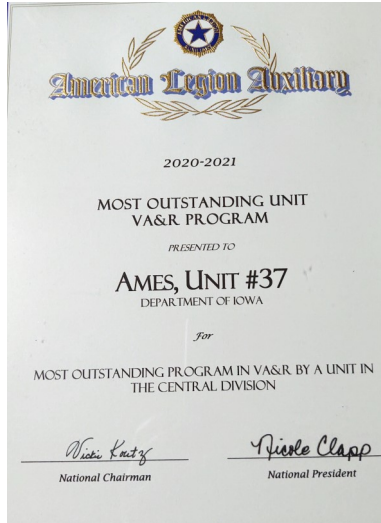


Unit Receives National VA&R Award

The Ames Unit was recognized as having the Most Outstanding VA&R program in the Central Division for 2020-2021. Their award was presented to President Breyfogle at the Sixth District Conference.

While she received the award on behalf of the Unit, she gave credit to the entire Ames Legion family. She said "I am honored to represent our Ames Legion Family in accepting this award. However, it takes not just the person writing up the narrative of events, but participation from the entire Ames Legion Family for this to happen. Thank you Legionnaires, Unit Members, Sons and Riders for your assistance in our Unit's Veterans Affairs and Rehabilitation activities this past year."

The VA&R activities sponsored by the Unit were:



- Vending/snack items for Iowa Veterans Home
- Memorial Day—placed grave flags and participated in the program
- Quilts of Valor donated and awarded to veterans
- Made COVID-19 Masks and crafts for donation to Iowa Veterans Home residents
- Buddy Check calls with members and veterans

- Participated in Funeral services for members and veterans
- Members participated in the National 100 mile walk for hope.
- Troop send-off for a Post member being deployed.
- Care packages were filled for a deployed Post member and Air Force Academy cadets
- Unit member chaired the Iowa All Academy Ball with donations to Puppy Jake and IVH
- Unit members helped with planning for Wreaths Across America event to be held in Ames in December 2021.



Academic Awards

Our annual Academic Awards ceremony with Ames High will take place on November 22 at 6PM in the cafeteria at the High School.

We will be recognizing the juniors and seniors who have achieved academic success. The ceremony will be live this year and it is important for the Legion family to have a good

turn-out to recognize these students.

If you have followed events and issues in the Ames school system, you know that the publicity has not been favorable. This is our chance to recognize the good that is being done there. Lets turn out and congratulate those students and their families.



Downtown flags up on November 10 at 7AM, down on November 12 at 4:30PM

Inside this issue:

Post Commander	2
Unit President	2
Squadron Commander	2
Clubroom Events	3
Membership Progress	3
Legion Riders	3
Reminder Notes	3

Post Commander Jay's Comments

I would like to thank everyone that helped out in restarting Steak Night. For the first time in 18 months things went very well. The turn-out was lower than normal but for good reasons. But we've restarted and I'm sure things will only get better going forward.

This year the Ames Veteran's Day Observance will be in person at City Hall at 11 AM followed by lunch at the Post.

Speaking of volunteers, while Sunday night Bingo has been going well, a number of the players have asked when we'll start Wednesday night Bingo. We'd like to do that but it can't happen without volunteers to help. Working Bingo is not hard. Selling bingo sheets up front and on the floor and making coffee are not hard. Cleanup at the end of the night is not difficult and goes pretty quickly. Your total time investment is 3.5 – 4 hours. Think about it, and if you're interested let Randy Freel know. The main theme of the 6th District Fall

Conference was membership. Member dues are the main source of funding for all we do as the American Legion and that's true from the Post level all the way to National. Unfortunately, membership here in Iowa has been decreasing over the past decade. Decreasing membership leads directly to a decrease in the programs that can be funded. If you know someone who is a veteran and isn't a member, talk to them and get them an application. If you haven't sent your dues in yet, now is the time. Membership is EVERYONES job, not just the Membership Committee or the Post Leadership. Expanding membership will allow us to do more for veteran's, their families, and the community. With the holiday's fast upon us, think about giving the gift of membership.

I received a letter from the Commanding Officer of the Iowa State Navy ROTC Unit thanking the Post for the

awards the Post sponsored for three midshipmen. I also received thank you notes from all three of the midshipmen. The CO wrote that they are outstanding members of the Unit and exemplify the ideals of the American Legion.

It's that time of the year for the 5th Grade Flag Essay contest. If you have a 5th Grader in your family or even a neighbor, encourage them to take part. The essay should be no more than 300 words and should be the students own words and reflect what the flag represents to them. For more information see myself or Randy Freel. Entries would need to be submitted to the Post by December 8th.

In closing let me say Thank You! to all the veteran's and their spouses for your service and also wish you a Happy Thanksgiving! One of the things I'll be thankful for this year is the opportunity you've given me to lead the Ames American Legion Post 37. Thank you!

Unit President Rachel's Comments

Veterans Day is a day that many think of as a day of sales, discounts, and a day off from work. Most importantly, for our Legion Family, it is the day we honor those that have and are currently serving in our Armed Forces. As we enter our 102nd year, we remember the mission and vision "Service not Self". What does this mean? As American Legion Auxiliary members we support The American Legion and honor the sacrifice of those who serve by helping our veterans, military, and their families, both at home and abroad. We help with programs that advocate for our veterans, promote patriotism, mentor our youth and educate our citizens on such programs. Please join in honoring Veterans at the City of Ames Veterans

Program on November 11th at 1100 at the Ames City Auditorium with a luncheon at the Post following. If you are unable to make it to either, please take a moment to honor those that have served and are currently serving.

Did you know that our Junior members can earn patches? That's right the ALA has a Patch Program for our younger members. It's not only for our Junior Auxiliary members, but our young Sons of the American Legion members can do these activities and get a fun patch. New this year is the Caregiver Patch, this is part of National President's Kathy's mission to honor the caregiver, especially the caregivers of our veterans. Our Junior Department President Emma has chosen the poppy as a fo-

cus of one of her projects. We've got a Patch for that too, the Poppy Patch. These are available in 3 different levels based on ages. Just let me know if you'd like your Junior member or young SAL member to get going on this.

We are currently at 181 members paid. 67.5% of our goal of 268 members. This number continues to grow, which is great!. Can we reach 100% by 11/11? It's entirely possible. It's 87 members. Just think, we were at 97 members at the end of September and 2 weeks later at the District Conference we were nearly double at 181!

Don't forget Steak Dinner Night on Saturday, November 6. The Unit is in charge of cooking and serving this delicious meal.

Squadron Commander Doug's Comments

Greeting Fellow Squadron Mates –

Let me start by congratulating Roger Elliott for winning the Raffle at our October Meeting – a \$25 gift card from Casey's. Which member of the Squadron will be next? Come to the November Meeting on November 9th and find out!

November is upon us, and with it one of our most important holidays as a Son – Veterans Day. As proud possessors of a priceless heritage, on this day, we male descendants of our veteran fathers and forefathers come together to celebrate the contributions and sacrifices they made to ensure our freedom

and allowing us to live in the greatest democracy the world has ever seen. As Sons, this is the common bond we share amongst ourselves and what drives us to continue the principles our fathers and forefathers promised to protect in their oath to our country.

This month also marks the start of a busy holiday schedule for all of us. As we enter into November and December, let us make sure we set aside time to support our Legion Family in the events being hosted by the Legion, Auxiliary, Riders, and yes, our own Squadron. The Legion Family makes a difference

in our community and in the lives of our veterans and their families. Attend and support these events: Veteran's Day programs, veteran's benefit fairs, monthly Steak Dinners, Biscuits & Gravy breakfasts, holiday Cookie Fairs, Wreaths Across America events - and when the Sons are sponsoring or hosting that event, lend some time and participate.

Individually, we as Sons make a difference. Collectively, as a Squadron and Legion Family, that difference is magnified many times over.

Clubroom News

The Holiday season is fast approaching and I know many of us are looking forward to the new year. This year has also been a hard one and we would have not been able to get through it without all of your support. Every day the availability and cost of the items we purchase seem to change so things have been challenging to say the least. Thanks for being so understanding when we might be out of one of your favorites. Our Wednesday meals have just been growing in popularity and we are so thankful for that. I would like to note that if you want to make sure you are going to get the meal you want please order ahead of time and then you can make sure you get it.

Curbside Meals:

Wed. Nov 3-Grilled Pork Chops \$8

Wed. Nov 10-Chicken Pot Pie \$8

Wed. Nov 17-Hot Beef Sandwich \$8

Wed. Nov 24-Hand-breaded chicken strips and fries \$7

Call the Post anytime after 2pm on Wednesday to place your order for pickup. 232-9870. You may also message us on Facebook or order in the clubroom earlier in that week.

Friday, November 19-Baked Potato Bar 5-6:30pm- Get a potato and all your favorite toppings for just \$5

Thursday, November 25 Clubroom Closed- Happy Thanksgiving!!

Friday, November 26 the Clubroom opens at 2:30pm. Come cheer on the Cyclones at 3pm!

Saturday, November 27-Vendor Fair 9am-3pm. Come jump start your holiday shopping.

Don't forget that we have a little something for everyone!! We would love to see you whenever you feel comfortable coming in.

Monday- Weekly Drawing- Once a week, drop your dollar into the wishing well and enter for a chance to win up to \$500.

Toasted Cheese Tuesday- Enjoy a toasted cheese sandwich and a cup of soup for only \$4.00

Curbside Wednesday-See menu above. Also checkout our Facebook page for any additions we make to the menu.

Thirsty Thursday-Featuring \$1 Hot Dogs and \$2 Domestic Bottles



This month's Kudo's: Russ and Vicki Belz, Mike and Sandy Deacon, Ken Woodley, Paul Madson, Megan McEnany, Michelle McEnany, Julie Rinard, Bill Donovan, Tom Fowler, Colten Christiansen and Rodger VanVoorhis.

Membership Progress

Post: 324 members-65.0% Unit: 192 members-71.6% Squadron: 99 members-49.5%

Legion Riders

Fall has arrived... Blah.

Not much riding to report for October, but that doesn't mean we aren't doing things in your Riders Chapter.

Wreaths Across America continues to accept donations for a couple more weeks, and the individual donations we received from the other Legion families of Post 37 for 2021 are greatly appreciated! Thank you to the Legionnaires, the Auxillary, the Sons of the Legion, as well as the VFW for your support.

A special "Thank You" to Kevin Brace for his efforts in October. Kevin walked the cemetery taking notes and making sure all of the Veterans were accounted for. He found many names that weren't on the city's records, and the total we have now has increased to just over 1700. We may end up a little short for the year, still I couldn't be more proud of all that your Riders Chapter has done

this year for WAA.

We've all learned a lot, worked a lot, and I'm sure on Wreath Day, December 18th, it will certainly be clear why we have taken this task to be our own. One last WAA point, if you own a small business or know someone that does, feel free to put them in touch with the WAA committee, all donations are tax deductible.

We have updated the Bylaws of the Riders Chapter to become compliant with the direction that came from National in the form of Resolution 5. To be even more inclusive to the Post membership, we will have an option for non-riders to join us as a Riders Supporting Member. So, if you don't ride a motorcycle and think you would like to join our merry band, reach out to us. Dues are only \$20 per year. We have already started a list for Supporting Members,

CLUBROOM COUPON
Any Tuesday in November
Present Coupon to get
2 drinks for the price of 1.
Cash Purchase Only

Reminders

Save The Date
Biscuits & Gravy Breakfast
Cookie Fair
Sat Dec 11 7-11AM

Nut Order Not Placed
It is Not Too Late
Go to Terri Lynn Site
AmeslowaUnit37ALA.terrilynn.com

Saturday Steaks Are Back
November 6 & December 4
5:00-7:00 PM the First
Saturday of Each Month

and would be happy to welcome even more to the chapter for 2021.

As we begin to plan for the 2021 dinner ride schedule, we are always open to suggestions. If you have a favorite place to eat we would love to hear about it.

Again, thank you all for supporting your Legion Riders, it's an honor to be part of Post 37.

A reminder to the current membership that nominations for the 2022 slate of officers open in November, with elections being held in December.

Stay safe if you are still riding, it's that time of year that cars and trucks aren't expecting us to be on the road and those road conditions can change quickly.

All the best, Ride on,
Cliff B.


AMERICAN LEGION POST NO. 37

225 Main Street
Ames, IA 50010

RETURN SERVICE REQUESTED

NON PROFIT ORG
US POSTAGE
PAID
Permit 147
Ames, IA

LOOK INSIDE FOR COUPON **NOVEMBER**

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
YOUTH AIR RIFLE 1-3 EVERY SUNDAY AT IZAAK WALTON	1 LEGION RIDERS 6:30	2 TOASTED CHEESE & SOUP AUXILIARY REGULAR 6:30	3 WINESDAY WEDNESDAY CURBSIDE MEAL PORK CHOP	4 DOLLAR DOG DAY OPERATIONS COMMITTEE 6:00	5 FIREBALL FRIDAY MUNCHIES NIGHT	6 STEAK DINNER 5:00—7:00
7 BINGO	8	9 TOASTED CHEESE & SOUP SAL REGULAR 6:30	10 WINESDAY WEDNESDAY FLAGS UP @ 7 CURBSIDE MEAL CHKN POT PIE	11 DOLLAR DOG DAY VETERANS DAY LEGION REGULAR 7:00	12 FIREBALL FRIDAY FLAGS DOWN @ 4:30 MUNCHIES	13
14 BINGO	15 VFW POST MEETING 7:00	16 TOASTED CHEESE & SOUP	17 WINESDAY WEDNESDAY CURBSIDE MEAL HOT BEEF	18 DOLLAR DOG DAY SOCIAL COMMITTEE 6:30	19 FIREBALL FRIDAY BAKED POTATO BAR	20 PAST PRESIDENT'S PARLEY 10:00
21 BINGO	22 ACADEMIC AWARDS 6PM AT AMES HIGH	23 TOASTED CHEESE & SOUP 40&8	24 WINESDAY WEDNESDAY CURBSIDE MEAL CHKN STRIPS	25 THANKSGIVING CLUBROOM CLOSED	26 FIREBALL FRIDAY CYCLONE GAME CLUBROOM OPEN AT 2:30	27 VENDOR FAIR 9AM-3PM
28 BINGO	29	30 TOASTED CHEESE & SOUP	 Find us on Facebook at American Legion Family of Ames, IA Post 37			