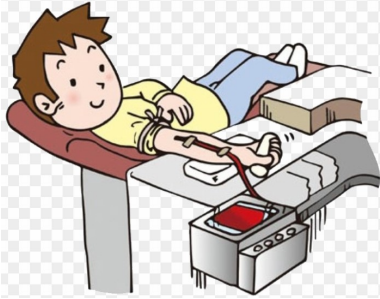


Ames Legion Family In Action

Legion Family Serves Our Community



During the week of April 17, the Legion Family is sponsoring a blood drive at the Life Serve Blood Center in the Northern Lights shopping center. Appointments can be made [online](#) or by calling 800-287-4903. Let them know you're there supporting the American Legion. This is open to members, families, and friends.



On April 2 from 8-10AM, the Legion family will be doing Spring Cleanup at Ada Hayden Park. We will be walking the trails picking up any trash. Meet at the tent in the parking lot. We will have all the supplies you need. Wear something that says you belong to the Legion family or that you have a veteran in your family.



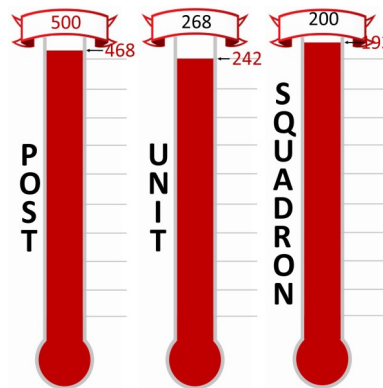
American Legion Post #37 is the new sponsor for Cub Scout Pack 159. They will meet at the Post on the second Monday each month. Frank Andrew has taken on the role of Charter Organization Representative. We welcome the Cub Scouts and look forward to working with them.

JSSP Match



Four competitors from the Post JSSP club shot in the Department Match on March 19. Three of them, Sadie Breyfogle, Suriana Hansen and Aubrie Hansen (l-r) are pictured with coaches Cort Pahl (left) and Mark Patrick and Randy Lien (right). Nathan Baldwin also competed in the match.

Membership Still Needed



see everything we are involved in. Why would you not want to renew. Don't waste time, do it today.

Inside this issue:

Post Commander	2
Unit President	2
Squadron Commander	2
Clubroom Events	3
Legion Riders	3
Can Recycling for Wreaths	3
Post Recognition & Business	3

The Squadron has moved ahead this month. Only seven SAL new members or renewals are need to get them to the goal. Look through this newsletter and

Post Commander Jay's Comments

Hello and welcome to Spring! I hope this finds everyone in our Legion family doing well. If there is anyone out there that needs assistance in anyway, know that your Legion family stands ready to help in any way we can, just let us know what you need. Members and their families never stand alone.

April looks to be a fairly busy month. We open with our regular monthly Steak Dinner on Saturday, April 2. If you haven't been able to make it to a Steak Dinner, you should come on down. The New York Strip Steaks are delicious, not to mention the fried butterfly shrimp, and ham steaks. Remember April and May are your last two chances before we break for the summer, then you'll have to wait until September. Hope to see you there.

Also on April 2, the Legion family will be doing Spring Cleanup at Ada Hayden Park from 8-10 AM, one of the many things we do to provide service to the community. Come out and enjoy the weather and help keep the park looking good.

The Sons have their biscuits and gravy breakfast on April 9 and at the same

time you'll be able to pick up some homemade baked goods from Auxiliary bake sale. Come on out and support the Legion family.

During the week of April 17, the Legion is sponsoring a blood drive at the Life Serve Blood Center in the Northern Lights shopping center behind Walmart on North Grand. You can make appointments online and when you go in you simply need to let them know you're there supporting the American Legion. This is open to members, families, and friends. We would like to do this on a recurring basis.

The Ames Post is hosting the Sixth District Conference on April 23. The Conference is actually being held in Gilbert and will begin at 8:30. The Legion will meet at the Gilbert/Franklin Fire Department Community room and the Auxiliary will meet up the street at the Gilbert Lutheran Church. Lunch will be available at the Fire Department following the conference. With all that said, I've probably stolen some thunder, but as a professor I had once said, "repetition reinforces retention".

April also means its time to put together

a nominating committee for officers for the 2022-2023 year. If you're interested in serving, let someone on the leadership team know.

The Legion is the new sponsor for Cub Scout Pack 159. They will be meeting at the Post on the second Monday of the month. Frank Andrew has taken on the role of Charter Organization Representative, basically the Post liaison with the Pack. We welcome the Cub Scouts and look forward to working with them.

Finally, it can never be said enough, **Thank You!** Your support of the Post, whether it be coming into the Club Room, having dinner on Wednesday night or on Steak Night, volunteering your time, or making a monetary donation, is what makes it possible for us to serve not only Veterans, but the community in which we live. Simply renewing your membership goes a long way in helping, so if you haven't already, please consider renewing your Legion membership. Members make it all happen! Thank You!

Unit President Rachel's Comments

April is known as the Month of the Military Child. This month we take time to honor the sacrifices made by military families worldwide, with an emphasis on the experience of the dependent children of military members serving at home and overseas. April 14th is known as "Purple Up" Day, where one is encouraged to wear purple in support of military kids. As a unit we also helped support them by bringing items for a Birthday Box for children of the deployed. Those items were taken to the 6th District Juniors Conference and

assembled last month.

We will be having our annual Bake Sale in conjunction with Squadron's Breakfast on April 9th. We're looking forward to having this event as we haven't been able to have many fundraiser's the past 2 years, so now's the time to step up and help raise money to support our veterans!

Are you keeping track of your volunteer hours? Please email them to AmesUnit37@gmail.com. These include any hours volunteered not only

helping our Veterans, but also in any of the program areas. All hours need to be turned in by April 30th.

Again, we'd like to get as many members to the April meeting as possible. We have a couple of important items that need input and possible action upon. Among these items include electing delegates to the District Conference. The District Conference will be held on April 23rd at Gilbert Lutheran Church. Please plan on attending our meeting April 5.

Squadron Commander Doug's Comments

March Madness is just about over and spring appears to have arrived. It is April and many of us are starting to get back outside to enjoy the nice weather after a cold winter.

April also means Easter celebrations and our annual Spring Biscuits & Gravy Breakfast – this year on April 9th. I encourage SAL Member to get the information out amongst your friends, family and co-workers about this event, along with the Auxiliary's Spring Bake Sale. Both events are key fundraisers for each group and allow us to sponsor scholarships and provide grants in sup-

port of area veterans, their families and our youth. So please, come out and join us for Biscuits & Gravy and give generously – it is free will donation.

It is also that time of year when we start looking for members to step up and help lead the Squadron in the coming year. If you are interested in helping lead our Squadron next year, please email me at dmaccrea@gmail.com and I will pass your name along to the Nominating Committee. It only takes a couple of hours a month to make a positive difference in our Squadron and guide us to bigger and better things through-

out the year. Your participation makes a difference, and your ideas and support are critical in enabling the Squadron to be successful. I hope that you will give serious consideration to being part of our leadership team and attending our monthly meetings.

We will be resuming our monthly attendance raffle at the April Meeting, so there is some more incentive for you to consider attending a Squadron Meeting. I hope to see you at our Squadron Meeting on April 12th.

Have a great April and I hope to see you at the Post!

Clubroom News

Spring is here!! The last couple days have just been gorgeous outside. It is so nice to get out and about and enjoy some fresh air. The clubroom has seen an increase in people and sales and we are so grateful!! We have had some great crowds to watch ISU in the tournament and it has been so fun. Thank you to everyone for your support! Our Wednesday meals continue to be a hit! Please remember that if you want to make sure you get something to call ahead and reserve your meal. It is Spring so that means it is time for Tacos!! Join us Tuesday nights and enjoy a walking taco for just \$4.

Tenderloin Basket Night- Friday, April 22-5-7pm. Join us for a Breaded

Tenderloin Sandwich with all the fixings and fries for \$7

Baked Potato Bar-Friday, April 29-5-6:30pm. Get a large potato and fill it with all your favorite toppings for just \$5



Thanks to all that help make all the events in the clubroom possible! We appreciate you and all you do!

Sandy and Mike Deacon, Russ and Vicki Belz, Julie Rinnard, Bill Donovan, Tom Fowler, Ken Woodley, Rodger VanVoorhis, Colten Christiansen and Addison Donovan.

Cans Redeemed for Wreaths



Speaking of cans... The Wreaths Across America committee is having a can drive to fund raise for the 1800 wreaths needed for this year. If you have bags or

boxes of cans and bottles laying around from winter, we will happily take them from you. Bring them to the post for the April 9 Biscuits and Gravy breakfast, or reach out to us if you have too many and we can pick them up. All we ask is the plastic and glass be separate from the cans. We will be in the back lot, and can sort small amounts but our space is limited for it.

Post Celebrates Long-Term Members

Two members of the Ames Post will be recognized for their loyalty to the Post and The American Legion at the April meeting. Steve Reinsch and Floyd Christofferson have both reached their 50th consecutive year of membership.

We have special certificates that have been received from National Headquarters marking their achievements. Floyd has been invited to the April meeting for

the presentation. Steve lives in the Sioux City. We will make arrangements for Steve's certificate to get to him.

Fifty consecutive years of membership shows the loyalty these two Legionnaires have shown to the Post and to the organization. Beyond that membership, Floyd also served as Post Commander for two terms in 1982-1984.

USS Iowa Update

At the September Post meeting, a resolution requesting that the State of Iowa appropriate \$100,000 toward the commissioning of the submarine USS Iowa was approved.

That resolution went on to Department where it was approved and legislation requested. That legislation has moved forward with the amount increased to \$200,000. The amount has since been lowered to \$150,000 with the money to come from half from the general fund and half from the veterans trust fund.

It is the position of the Post expressed in a resolution at the March meeting that we oppose taking money from the veterans trust fund for this purpose and that the entire amount should come from the general fund.

Special Executive Board Meeting

A special meeting of the Post Executive Board will be held at 6PM on April 14 to consider action changing the quorum requirement for meetings.

Legion Riders

Let's ride! The roads are clearing off and by the number of bikes out, including us, I'm calling it riding season. Let the fun begin.

Last month saw one of the highest attended riders meetings in years. Over half of our membership were there. Thank you all!, because together we are on track to have one of our most active years ever. We've confirmed the stops and route for the Sleeping Angels Ride we've been asked to lead on May 7. We have the 3rd Annual ALR Ride to the Rock on June 4th, The 6th District Legacy Ride on June 11th, and the Ride for the USS Iowa in still in planning.

Our dinner rides are starting soon too, first up is a Riders favorite, May 8th we ride to Pickles Pub in Kamrar. We'll leave from the back lot at 430 sharp. Our three Road Captains are always on the lookout for new places to go, if you have a recommendation don't hesitate to let us know. We're always looking to help small business whenever we can.

Our VetWorking event was a success and we plan to do another in the future for sure. Thanks to all those that came out and those that helped spread the word of the event.

Something new this year is our support of HERO (Healing at English River Outfitters. For those unfamiliar, English River Outfitters is part of the healing process for veterans. The priority is to help foster a healthy readjustment back to civilian life through a positive outdoor experience. Veterans and families served at English River Outfitters experience a variety of therapeutic, group-based activities designed to re-establish confidence, hope, and health. In addition to our weekend retreats for veterans, we also hold special programs to serve children from Gold Star families, as well as ladies-only veteran camp-out events. For more information let me know or visit englishriveroutfitters.org.

If a member of the Ames post is involved in an organization or activity that needs or could use some help please let us know. We would love to find a way to help any of the causes that are part of our post first, but any cause organization is open for consideration..

Again, as the 2022 riding season gets into full swing, remember that you need not have a motorcycle to join us in what we do. Become a supporter!

Ride often, and ride safe my friends, Cliff B. ALR Director.

AMERICAN LEGION POST NO. 37
 225 Main Street
 Ames, IA 50010

RETURN SERVICE REQUESTED

NON PROFIT ORG
US POSTAGE PAID Permit 147 Ames, IA



Find us on Facebook at **American Legion**
Family of Ames, IA Post 37

LOOK INSIDE FOR COUPON

APRIL

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
YOUTH AIR RIFLE 1-3 AT IZAAK WALTON					1 FIREBALL FRIDAY MUNCHIES NIGHT	2 ADA HAYDEN-CLEAN-UP STEAK DINNER 5:00—7:00
3 BINGO	4 LEGION RIDERS 6:30	5 TACO NIGHT \$4 AUXILIARY REGULAR 6:30	6 WINESDAY WEDNESDAY CURBSIDE MEAL CHICKEN & NOODLES	7 DOG NIGHT OPERATIONS COMMITTEE 6:00	8 FIREBALL FRIDAY MUNCHIES NIGHT	9 SAL BREAKFAST & ALA BAKE SALE 7-11AM
10 BINGO	11	12 TACO NIGHT \$4 SAL REGULAR 6:30	13 WINESDAY WEDNESDAY CURBSIDE MEAL HAM BALLS	14 DOG NIGHT LEGION REGULAR 7:00	15 FIREBALL FRIDAY MUNCHIES NIGHT	16 PAST PRESIDENT'S PARLEY 10:00
17 BINGO	18 VFW POST MEETING 7:00	19 TACO NIGHT \$4	20 WINESDAY WEDNESDAY CURBSIDE MEAL LASAGNA	21 DOG NIGHT SOCIAL COMMITTEE 6:00	22 FIREBALL FRIDAY TENDERLOIN BASKET 5-7	23 6TH DISTRICT CONFERENCE GILBERT 8:30AM
24 BINGO	25	26 TACO NIGHT \$4 40&8	27 WINESDAY WEDNESDAY CURBSIDE MEAL HOT BEEF SANDWICH	28 DOG NIGHT	29 FIREBALL FRIDAY BAKED POTATO BAR 5-6:30	30

← LEGION FAMILY BLOOD DRIVE AT LIFESERVE →